



Again this spring Millwood will be encouraging our students to give the Doctors Nova Scotia Youth Run at the Bluenose Marathon a try. There are 2km and 4km options for youth for a fee of \$23.00. Registration is done online at <https://racerooster.com/events/2016/6298/scotiabank-blue-nose-marathon>

If there are any families who have students interested but cannot afford the registration fee email Mr. Van Ritchie (tvanritchie@hrsbc.ca) as we have a couple bursaries from Cabco Communications that can help cover costs.



Here is Millwood student Nathan MacPhail leading the 4km race at the start in 2015! Maybe this can be you in 2016!